



COVID-19 Protocols & Procedures

Below you will find all the protocols & procedures we have put in place to help mitigate the spread of COVID-19 during our winter programming. Please read through carefully and contact jake.satchwell@indypremiersc.org with any questions you have.

- All individuals (players, coaches, staff, spectators) **MUST** complete the daily COVID-19 pre-check questionnaire before attending any winter programming (training sessions, winter leagues, camps & clinics, small group training).
- All players, coaches and staff will have their temperatures taken upon entry to Crosspoint and Trinity indoor. Anyone exhibiting a temperature of 100.3 will not be allowed to participate in or attend the activity. The individual or their guardian should contact their physician and local health department for next steps.
- Crosspoint and Trinity indoor will have specific ENTRY and EXIT points marked. Individuals must follow and adhere to all posted signage and instructions around our facilities.
- Masks are required for ENTRY and EXIT at Crosspoint and all training at Trinity, both indoor and outdoor. Coaches, staff and spectators are to keep masks on **AT ALL TIMES** inside our facilities, players may remove their masks at the start of their training session, winter league, camp or clinic, or small group training.
- For all winter programming, individuals will not be allowed to enter our facilities until **10 minutes** before their scheduled start time. Individuals are not permitted to congregate around doorways before being allowed to enter, please remain in your vehicles.
- Player attendance/roll call will be taken by coaches and staff for all winter programming activities.
- No spectators are permitted inside Crosspoint or Trinity indoor facility to observe training sessions or small group training.
- Rec Plus indoor winter leagues and camps & clinics- We **STRONGLY** encourage families to use drop off/pickup. If not, **ONLY 1 SPECTATOR PER PLAYER** will be permitted inside Crosspoint or Trinity indoor facility.
- Any individuals 65 and older or who have underlying at-risk health conditions are **STRONGLY** recommended **NOT** to attend any winter leagues and camps & clinics.
- Rec Plus indoor winter leagues and camps & clinics- Spectators **MUST** use the X's marked on sidelines to stand and watch leagues and camps & clinics.
- There will be **NO** team huddles. All individuals must promptly EXIT our facilities when their training session, winter league game, camp or clinic, small group training or private lesson ends.
- Indoor training sessions- Teams will have staggered start times, only 1 team will arrive or leave our indoor facilities at a time.
- Indoor training sessions- There will be a 10 minute gap between training sessions on each training space inside our facilities..
- Winter leagues, Camps & Clinics- there will be 20 minute gaps between winter league games at Crosspoint and Trinity indoor to allow all individuals to depart before the next round arrives.
- Restrooms will be wiped down thoroughly and regularly before, during, and after all winter programming.
- No fans will be used at either facility. Additional doorways will be opened to help with air flow.
- There will not be any access to water fountains.
- No tables or chairs will be used at either Crosspoint or Trinity.
- No bleachers will be used at any of our club facilities.



COVID-19 Coach & Player Expectations

In accordance with Indiana Soccer's imperatives to help mitigate the spread of COVID-19, please see below for a list of standards and expectations we have implemented until further notice.

- Players are required to wear masks when moving from their vehicles to our facilities and back to the parking lots before and after training sessions, winter leagues, camps & clinics and small group training.
- There are individual markings for players to leave their personal equipment when they arrive at our facilities. Each individual marking is in compliance with social distancing guidelines.
- Players can remove their masks for training sessions, winter leagues, camps & clinics and small group training.
- Substitutes are to remain a minimum distance of 6' apart during winter leagues. There are to be no team benches used.
- All players are to remain a minimum distance of 6' apart when gathered to listen to a coach.
- There are to be no high-fives, handshakes, fist bumps, elbow bumps, or any other type of physical contact between players and coaches during training sessions, winter leagues, camps & clinics and small group training.
- Players are to remain in their vehicles and not enter our facilities until 10 minutes before their winter programming activity begins.
- Players should have hand sanitizer for their personal use. Players are not to share their hand sanitizer with anyone else.
- Players must bring a soccer ball with them to training sessions, camps & clinics and small group training, sanitizing them before and after each winter programming activity.
- Players are to bring their own water bottle, face towel, or any other necessary personal equipment.
- Coaches and staff are required to wear masks AT ALL TIMES at our facilities.
- Coaches must observe and ensure all players wear their masks post training session. Just reminding players at the end of the session is not enough. Manage your time to ensure this happens as part of your coaching duties.
- There are to be no high-fives, handshakes, fist bumps, elbow bumps, or any other type of physical contact between players and coaches during training sessions, winter leagues, camps & clinics and small group training.
- Players are NOT to handle any training equipment (cones, goals, corner flags, etc). Coaches and staff are the only individuals who should handle training equipment.
- Training bibs/vests are NOT to be used. Players should bring all jerseys with them to training sessions and use for scrimmages/games instead of training bibs/vests.



Daily COVID-19 Pre-Check Questionnaire

All individuals (players, coaches, staff, spectators) MUST have their temperatures taken before leaving home for winter programming activities. Any individual exhibiting a temperature of over 100.3 will not be allowed to participate in or attend winter programming activities. The individual or their guardian should contact their physician and local health department for next steps.

Any individual that is feeling sick and/or experiencing any COVID-19 related symptoms, awaiting COVID-19 test results or has been told to quarantine by their physician and/or local health department is NOT ALLOWED to participate in or attend winter programming activities until return to play criteria has been met.

All individuals (players, coaches, staff, spectators) are to complete the following daily pre-check questionnaire before attending any winter programming activity (training sessions, winter leagues, camps & clinics, small group training).

Are you experiencing any of the following symptoms?

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Have you come into contact with anyone who was exposed to COVID-19?